

# Getting Sober: A Practical Guide To Making It Through The First 30 Days

by Kelly Madigan Erlandson

9 Aug 2007 . This book does exactly what it promises to do: gives helpful, gentle, practical advice for making it through the first thirty days. It is readable and Type. <http://bibfra.me/vocab/lite/Work>; <http://bibfra.me/vocab/marc/LanguageMaterial>; <http://bibfra.me/vocab/marc/Books>. Label: Getting sober, a practical guide to GETTING SOBER: A Practical Guide to Making It Through the First . Nurturing Your Mental Health Booklists and . - Longford Library Getting Sober: A Practical Guide to Making It Through the First 30 . Getting Sober : a practical guide to making it through the first 30 days. Kelly Madigan Erlandson. New York ; McGraw-Hill, 2008. Visit the library catalogue to see Getting Sober: A Practical Guide to Making It Through the First 30 Days Free Delivery Worldwide On All Orders - Huge Range of Books - Getting Sober: A Practical Guide to Making It Through the First 30 Days by Erlandson, Kelly . Getting Sober: A Practical Guide to Making It Through the First 30 Days GETTING SOBER: A Practical Guide to Making It Through the First 30 Days . This guide will help you reclaim your self-respect and find a new sense of purpose Getting sober : a practical guide to making it through the first 30 days .

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